

Specialty Smoothie

-Have fun and stay healthy!-

¥580 (tax included)

※Vegan custom available. ※Milk→Soy Milk or Almond Milk custom available. All customization is free of charge.



Strawberry Milk Smoothie

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

This smoothie is a mix of strawberries and pineapple and provides a daily dose of vitamin C.



Strawberry Milk Smoothie

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Japanese Spinach "Komatsuna" mixed with apple, kiwi and orange. It is a very easy to drink.



Mango Rich Smoothie

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Plenty of mango mixed with pineapple. You will feel the blessings of the sun.



Kiwi' n Lime Smoothie

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

A mix of kiwi, apple and lime. It has the best balance of sweetness and sourness.



Apple Honey Yogurt

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Apple,orange,mixed with Honey and yogurt.Apples and yogurt are a perfect match.



Caramel Pumpkin Smoothie

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Compatibility of pumpkin and caramel sauce is good! You can choose hot or cold.



Acai Smoothie

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Acai, an Amazonian superfood, is mixed with bananas and apples. For a healthy day.



Mix Berry Yogurt

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Strawberry,raspberry and blueberry mixed with yogurt.Berries are high in antioxidants.



Deep Green Ginger

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Japanese spinach,parsley,lemon,kiwi and apple mixed with milk.For those who lack greens.



Pineapple Sunrise

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Lots of pineapple, apple and lemon mixed together. You might want to go to the beach.



Avocado Milk Smoothie

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

A mix of avocado, a superfood with high nutritional value, bananas and apples.



Rich Banana Milk

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

A mix of rich Ethiopian bananas, milk and honey. Delicious banana flavor made simple.



Cinnamon Banana Milk

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Cinnamon, the king of spices, is mixed with banana. It is effective for anti-aging.



Black Sesame Banana

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

A mix of antioxidant-rich black sesame seeds and bananas. A black smoothie for a great day.

Soy Protein Smoothie & Oatmeal Bowl

-Healthy body from inside out!-

※Milk→Soy Milk or Almond Milk custom available.

たっぷり 1 食分のたんぱく質スムージー / オートミールボウル

¥680 / ¥980 (tax included)



Green Protein Smoothie / Oatmeal Bowl

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

This smoothie is full of green vegetables and fruit while providing a good amount of protein.



Strawberry Protein Smoothie / Oatmeal Bowl

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Protein smoothie with vitamin C-rich strawberries and pineapple.



Kiwi Broccoli Protein Smoothie / Oatmeal Bowl

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Kiwi and broccoli, the king of fruits and rich in nutrients, are charged with protein.



Berries and Protein Smoothie / Oatmeal Bowl

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

With berries rich in anthocyanins and strong antioxidant properties and protein.



Avocado Banana Protein Smoothie / Oatmeal Bowl

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

With familiar superfood avocado and protein, which are very nutritious. It is the best



Acai Banana Protein Smoothie / Oatmeal Bowl

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Superfood acai, a rich source of nutrients for survival in the Amazon, is blended with bananas



Red Cabbage Protein Smoothie / Oatmeal Bowl

☐ Egg ☒ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Red cabbage, which is high in anthocyanins, pineapple, and protein are mixed into a smoothie.

Farm Grown Juice

(Cold Pressed Juice)

-Vegetables and fruits only!Start a new healthy habits-

ADDITIVE FREE NO SUGAR NO ICE NO WATER

※Completely additive-free.No sugar,ice or water is added.



Good Morning ORANGE

☐ Egg ☐ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Lots of Orange,pineapple and carrot. Good for a morning vitamin charge.



Busy Work GREEN

☐ Egg ☐ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Apple,orange,kiwifruit and Japanese spinach. Much nutrition can be charged quickly.



Have a Break RED

☐ Egg ☐ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Beets,strawberry,apple and carrot. Why don't you take a break with this juice?



After Six YELLOW

☐ Egg ☐ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Orange,apple,turmeric and Chinese cabbage.After six means after work.



Nice Weekend WHITE

☐ Egg ☐ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Orange,apple,turmeric and Chinese cabbage. After six means after work.



Deep GREEN DETOX

☐ Egg ☐ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Japanese spinach,spirulina,parsley, grapefruit and apple.Super detox juice.



Dreamin PURPLE

☐ Egg ☐ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

Red cabbage,apple and grapefruit. Vitamin C and K is included in this juice richly.



Green Mix Live Forever

☐ Egg ☐ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

This 100% vegetable juice is made from kale, komatsuna, broccoli, parsley, and carrots.



Only Carrot Anti-Aging

☐ Egg ☐ Milk ☐ Wheat ☐ Buckwheat

☐ Peanut ☐ Shrimp ☐ Crab

This juice is made from organic carrots only. You will rediscover the taste of carrots.

Medium Cup(300mL) ¥880

Small Cup(200mL) ¥ 600

Pouch(200mL) ¥ 800

Large Bottle (500mL) ¥1420

Fasting Program (2500mL) ¥7000

※ all prices include tax

