1DAY (2500ml) discount! ¥ 5500

ORGANIC

2DAYS

**FARM GROWN** SL OREANIC

## FAR

## What is juice cleansing?

Juice fasting, also known as juice cleansing, is a controversial fasting method and a detox diet in which a person consumes only fruit and vegetable juices to obtain nutrition while otherwise abstaining from food consumption.

## 3 good points of FARMERS' 1-DAY CLEANSE

- ① Almost all of the materials are domestic.
- 2 You can take nutrition of fresh vegetables and fruit much.All juice is additive-free.
- All juice is tast good , so you can cleanse happily. 3

## You can choose from 3 programs.

No.1 -BASIC PROGRAM



AM 10:00 Busy Work GREEN , 500ml Komatsuna (Japanese mustard spinach) apple,kiwi,orange,ginger



PM 12:00 Nice Weekend WHITE 500ml grapefruit, chinese cabbage, apple, celery, white radish



PM 14:00 Good Morning ORANGE orange,pineapple,carrot



PM 16:00 Have a Break RED 500ml beet,strawberry,apple,carrot





PM 10:00 Have a Break RED 500m beet,strawberry,apple,carrot





PM 16:00 Busy Work GREEN 500ml Komatsuna (Japanese mustard spinach) apple,kiwi,orange,ginger

PM 18:00 Dreamin PURPLE 500ml red cabbage,grapefruit,apple



PM 12:00

PM 16:00

After 6 YELLOW

Dreamin PURPLE

red cabbage,grapefruit,apple

500ml



AM 10:00 Busy Work GREEN 500ml Komatsuna (Japanese mustard spinach) apple,kiwi,orange,ginger



500ml orange,pineapple,carrot

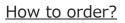
Good Morning ORANGE



PM 14:00 Have a Break RED 500ml beet,strawberry,apple,carrot







Please make a reservation by the day before cleansing (reservation by phone is accepted).

FARMERS' JUICE TOKYO TEL 03-6450-9097 Hours AM10:00  $\sim$  PM20:00 HP www.farmersjuicetokyo.com